

香港運動治療師總會
SPORTS THERAPISTS ASSOCIATION OF HONG KONG

FIRST QUARTER ISSUE | 2025 BULLETIN

CHAIRPERSON'S SPEECH AT THE ATHLETIC THERAPY BUSINESS CONFERENCE

Our Chairperson John represented the Hong Kong region at the Athletic Therapy Business Conference organised by The Association of Athletic Training in Guangdong Province. Read more about his speech in page 1.

SERVING THE HONG KONG CHINA SPORTS ASSOCIATION OF THE DEAF (HKCSAD)

STAoHK was appointed to be medical representative for the Hong Kong, China Deaf/Hearing Impaired Team at the "10th Asia-Pacific Deaf Sports Games," following an invitation from the HKCSAD at the earlier time.

PROJECT 500 - MOVING TOWARD TO STATUTORY REGULATION

Project 500 is one of our key projects to establish the criterion of proposing the bill of statutory regulation of sports therapists to the government.



THE 1ST AGM & ANNUAL DINNER OF STAOHK HAD BEEN SUCCESSFULLY CONCLUDED

The first annual general meeting and dinner of the Sports Therapists Association of Hong Kong has successfully concluded, marking an important milestone in the industry. During the evening, the chairman delivered a speech that reflected on the achievements of the past year and outlined the strategic plan for the next five years, emphasising the importance of enhancing professional standards and expanding services, thereby providing clear direction for the future development of the Association.

The ceremony also included the appointment of honorary members and advisors and executive committee members, with the new leadership team taking on the responsibility of advancing the field of sports therapy. A special guest shared insights on the opportunities for sports therapy within the Greater Bay Area, leaving attendees eager about future market potential.

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THE FIRST SPORTS THERAPY JOURNAL CALL FOR PAPERS EXTENDED TO 28TH FEB!

The production of the inaugural volume of Sports Therapy Journal is working in full swings now!

Submit your original paper for publications, please submit your papers to editorial_stj@staohk.org by 28 Feb 2025!

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KINETIC CONTROL

RETURNS IN
MARCH &
APRIL 2025

Dates and Time
CE - 28, 29 Mar 2025
MS - 30, 31 Mar 2025
MS-LS - 11, 12 Apr 2025
MAC - 13, 14 Apr 2025

SPECIAL RATE FOR
FELLOW MEMBERS!

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www.staohk.org

+852 6881 6864

sportstherapists_assn_hk

enquiry@staohk.org

Sports Therapists Association of Hong Kong
香港運動治療師總會



ASSOCIATION'S CHAIRPERSON SPEECH AT THE ATHLETIC THERAPY BUSINESS CONFERENCE IN GUANGZHOU



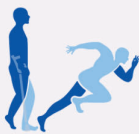
Recently, our Chairperson travelled to Guangzhou to represent the Hong Kong region at the Athletic Therapy Business Conference organized by The Association of Athletic Training in Guangdong Province. During the conference, he shared an overview of the development of the sports therapy industry in Hong Kong, including the latest trends in the industry, professional qualification, past initiatives, and ongoing continuing professional education activities. His speech garnered widespread attention from attendees, who praised Hong Kong's professional standards in the field of sports therapy.

During the conference, the Chairperson also engaged in in-depth discussions with experts from various medical and sports therapy professions, sharing insights and opinions. These exchanges not only enhanced mutual understanding but also laid the foundation for future collaboration. Participants actively discussed how to elevate the professional standards and how to better serve the health needs of athletes and the general public.

In addition, the Chairperson paid special attention to the development trends of the sports industry in the Greater Bay Area and across the country. He pointed out that with the advancement of the Greater Bay Area initiative, the industry will face more opportunities and challenges, and professionals need to strengthen cooperation to jointly promote the progress and development of the industry.

This exchange conference not only deepened the cooperation between Hong Kong and Guangdong Province in the field of sports/athletic therapy but also provided new ideas and directions for future development. The Chairperson's visit undoubtedly built an important bridge for the sports therapy industry between the two regions.





STAOHK APPOINTED TO BE OFFICIAL MEDICAL REPRESENTATIVE FOR THE HONG KONG CHINA SPORTS ASSOCIATION OF THE DEAF (HKCSAD)

FOR THE HONG KONG, CHINA DEAF/HEARING IMPAIRED TEAM
AT THE 10TH ASIA-PACIFIC DEAF SPORTS GAMES



STAOHK was appointed to be medical representative for the Hong Kong, China Deaf/Hearing Impaired Team at the "10th Asia-Pacific Deaf Sports Games," following an invitation from the HKCSAD at the earlier time.



To support this initiative, three skilled sports therapists have been assigned by STAOHK, each focusing on badminton, taekwondo, and bowling. We are proud to highlight that one of our taekwondo athletes, Ben Ho has achieved a bronze medal in this competition.



Furthermore, the Association has reached an agreement with the HKCSAD to continue its role as designated medical representatives for major deaf/hearing impaired sporting events in the coming year(2025). This includes next year's football competitions, the Tokyo Deaf Olympics, and the National Games.

We encourage all interested registered members to keep an eye out for future recruitment announcements.



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The ceremony also included the appointment of honorary members and advisors and executive committee members, with the new leadership team taking on the responsibility of advancing the field of sports therapy. A special guest shared insights on the opportunities for sports therapy within the Greater Bay Area, leaving attendees eager about future market potential.⁴⁴

Outstanding sports therapist Max Yeung also shared his valuable experiences in the industry, inspiring every member present. Following this, the Association held a special tribute to outstanding sports therapists, acknowledging their exceptional contributions to the field and allowing each honored professional to feel respect and support from their peers.

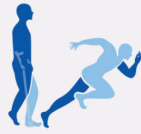
During the event, various advisors offered their blessings to the Association, expressing hopes for future collaboration to jointly promote the advancement and development of the sports therapy industry. This annual meeting and dinner was not only a celebration of past achievements but also a forward-looking occasion, allowing every member to feel the power of unity and progress.



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CHAIR OF SPORTS THERAPY ORGANISATION (UK)





**JAPANESE STYLE
SPORTS TAPING WORKSHOP
SUCCESSFULLY CONCLUDED**



The Japanese Style Sports Taping Workshop has successfully concluded, and participants gained a wealth of knowledge. In this two-day workshop, Mr. Sasaki provided an in-depth explanation of various details related to taping, emphasizing the importance of "details determine success or failure." Starting with the most basic taping operations, the instructor gradually guided the participants to understand the reasons behind the direction and positioning of each step, allowing everyone to gain a more comprehensive understanding of taping techniques.

Additionally, the workshop included a special segment on the current state of the athletic training industry in Japan. The speaker shared insights on local enrolment situations, pass rates for candidates, and the current employment market, all of which reflect the development status of the industry in Japan. Attendees gained a deeper understanding of Japan's professional development and landscape in the field of athletic training.



The atmosphere throughout the workshop was lively, with participants actively engaging, asking questions, and discussing topics. At the end, everyone expressed that this learning experience not only enhanced their technical skills but also deepened their understanding of the industry. There is hope for more professional training activities like this in the future to help more people master Japanese style taping techniques.

**PROJECT 500
MOVING TOWARD TO
STATUTORY REGULATION**

Project 500 is one of our key projects to establish the criterion of proposing the bill of statutory regulation of sports therapists to the government.

The aim of project 500 is simple - to accumulate our category A - registered members to 500 registrants within 5 years (i.e., 2030) or earlier.

This is a key indicator to prove our significant scale of practicing STs in HKSAR in order to meet the government's policy in considering the statutory regulation of healthcare professionals.

**PROJECT
500**

You can contribute by taking the following actions in supporting us to propose the government bureau when appropriate:

- If you are already registered with STAOHK, please maintain your registration status valid by renewing our membership annually.
- If you are not yet registered or your registration is lapsed, please take this chance to register or revive the membership promptly.
- Sign/vote the petition for statutory regulation when we launched in the future;
- Participate our volunteer works in advocating and demonstrating our values as sports therapists to the public.

**CALL FOR PAPER!
EXTENDED TO FEB 28!!!
SUBMIT YOUR MANUSCRIPT NOW!**

The production of the inaugural volume of Sports Therapy Journal is working in full swings now!

If you are a clinical practitioners, researchers and scientists, faculty members and students in the field of sports therapy, sports medicine and athletic training and would like to submit your original papers on research articles, clinical case reports, exercise highlights or brief reviews for publications, please submit your papers to editorial_stj@staohk.org on/ before 28 Feb 2025!

Area of Topics:

- Sports rehabilitation
- Exercise therapy for individuals and athletes across different levels
- The identification, recognition, assessment, and evaluation of sports injuries
- The management of sports injuries
- Clinical kinesiology, functional anatomy, biomechanics, and pathomechanics
- P/Rehabilitation exercise principles, applications, and techniques
- Strength and conditioning for injury prevention
- Epidemiology and aetiology of sports injuries
- Rehabilitation, health promotion, and injury prevention for special groups (e.g. children and adolescents, females, older adults, or individuals with chronic diseases)
- Professionalism and legal issues of sports therapy practice

KINETIC CONTROL

**KINETIC CONTROL
MODULAR AND MASTERCLASS
SERIES BY TINA LIN**



Dates:
CE -----28, 29 March 2025 MS ----- 30, 31 March 2025
MS-LS -----11, 12 April 2025 MAC ----- 13,14 April 2025

Venue: Sports Therapy Centre (N318/9), THEi, 133 Shing Tai Rd, Chai Wan

Course Fee:
Single Module: \$4500 Members/ \$6000 Non-members
2 Modules or above: \$8000 (2 modules)/\$16000 for 4 modules for members
\$11000 (2 modules)/\$22000 for 4 modules for non-members

*10% off for those have been successfully completed ANY modular course through STAOHK.

Course details and enrollment <https://www.staohk.org/kinetic-control-courses-hk>